

Find the love language
of your family.



What are our love languages...

Words of Affirmation
Quality Time
Receiving Gifts
Acts of Service
Physical Touch



How to Spot Your Child's Love Language

1. Observe how your child expresses love to you.
Your child may very well be speaking his or her own love language without you realizing it. Be particularly aware of those languages that aren't natural to you.



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2. Observe how your child expresses love to others.

Pay close attention to how your child interacts with the children and adults to whom your child most often shows affection.



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3. Listen to what your child requests most often.

Most kids aren't shy about voicing their requests, preferences, and desires. If you learn to listen "between the lines" to the things your child is requesting, you may hear his or her primary love language.



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4. Listen to your child's most frequent complaints.

When you stop to consider their whining and grumbling, the results may surprise you. Their complaints may fall into a category corresponding with one of the love languages.



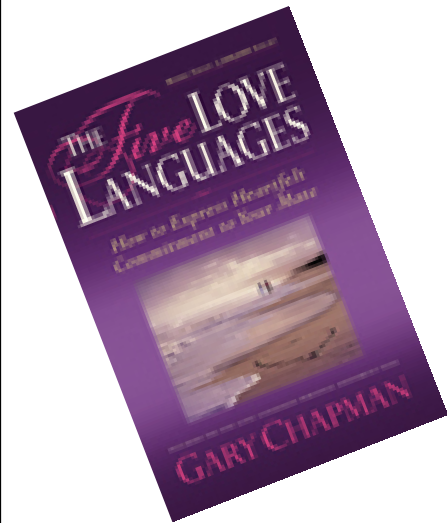
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5. Give your child a choice between two options. Try introducing your child to situations where there are choices between two love languages. Pay close attention to the decisions made. The love language your child chooses most often may very well be the primary love language.



Words of Affirmation

- Mark Twain once said “I can live for two months on a good compliment.” Verbal appreciation speaks powerfully to persons whose primary Love Language is “Words of Affirmation.” Simple statements, such as, “You look great in that suit,” or “You must be the best baker in the world! I love your oatmeal cookies,” are sometimes all a person needs to hear to feel loved.



Our exercise

- Write down the names of all the people in your house (spouse included).
- Write down **10** positive things about each of these people.
- What words of affirmation can you give each of these people.



Let's watch

Movie of family relationships:

http://www.moody.edu/mp/promo/garychapman/military/videos/mil_family/Military_Family.html

