

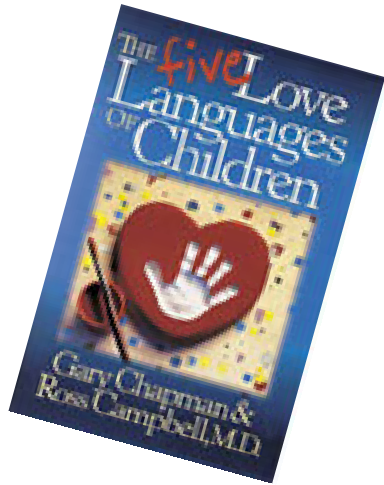
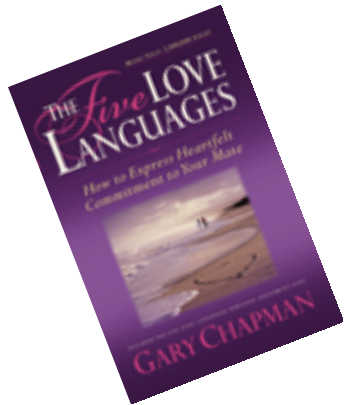


Week 2 on....

# The Five Love Languages..



# Words of Affirmation



Mark Twain once said "I can live for two months on a good compliment." Verbal appreciation speaks powerfully to persons whose primary Love Language is "Words of Affirmation." Simple statements, such as, "You look great in that suit," or "You must be the best baker in the world! I love your oatmeal cookies," are sometimes all a person needs to hear to feel loved.



# Our exercise...

## How did we go?

- Write down the names of all the people in your house (spouse included).
- Write down **10** positive things about each of these people.
- What words of affirmation can you give each of these people.



## BRANDON

Funny

Witty

Cooking

Helping

Thoughtful

Resourceful

Generous

Caring

Animal lover

Sporty

Mateship

Strong

sense of  
family

## RENAE

Loving

Cuddly

Helping

Crafty

Caring

Strong sense  
of family

Giving

Sensitive

Does things  
without being  
asked

Mindful of  
others feelings

Friendly





# Love Language Number 2: PHYSICAL TOUCH



***Bertie's cuddling skills needed improvement,  
but Rover's innate politeness kept him from  
explaining it to him.***



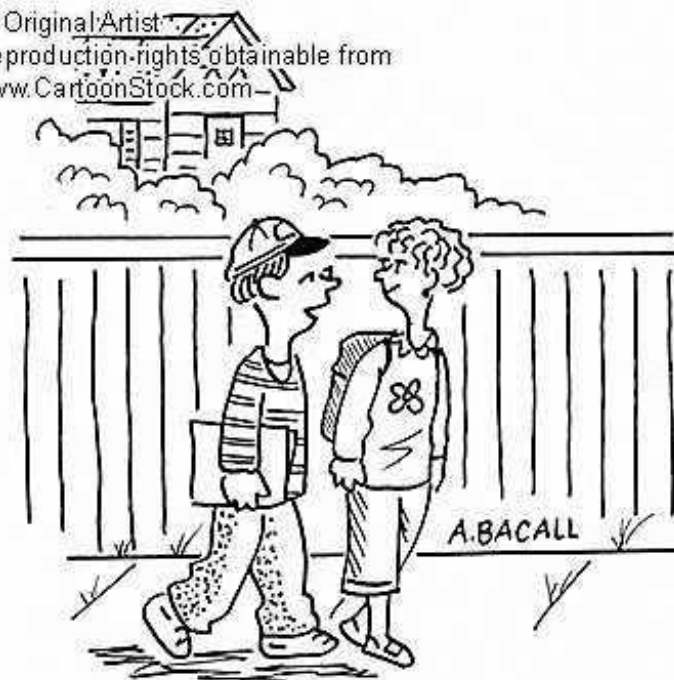
You don't need an excuse...



# My child...

How do you know that this is/is not your child's love language?

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"What I like most about my mom is that she always supersedes her hugs."

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# Let's talk about it...

Do you provide enough touch to your children in appropriate circumstances?

Why or why not? How could you improve?



# Discussion...

Reflect on whether physical touch might be the primary love language of any of your children. If it is, explain why you have drawn this conclusion. Invite group members to share their own childhood experiences with regard to physical touch, positive or negative. What can you learn from these experiences?



# Brainstorm

Discuss ways to get involved in “low-key,” age-appropriate forms of physical touch, in addition to the normal hugs and kisses your children need. Identify opportunities to put these other forms of touching into practice.



